"HEART DISEASES IN WOMEN"

20th Annual Conference
11th & 12th January 2020
Taj Santacruz, Mumbai
Organising Committee

Dev B. Pahlajani
ORGANISING CHAIRMAN

Satyavan Sharma
SCIENTIFIC COMMITTEE CHAIRMAN

Ajit Desai
ORGANISING SECRETARY

Anand Rao
Joint Secretary

Nihar Mehta
Joint Secretary

Akshay Mehta
Program Coordinator

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International Faculty

Nanette Kass Wenger
MD, MACC, MACP, FAHA
Professor of Medicine (Cardiology), Emory University School of Medicine, Consultant, Emory Heart and Vascular Center Founding Consultant, Emory Women’s Heart Centre, Atlanta, USA

Anuradha Lala - Trinade (Anu Lala)
MD
Assistant Professor, Ichan School of Medicine at Mount Sinai, The Zene and Michel A. Wiener Cardiovascular Institute, New York, USA
11:00 am onwards : Registration
12:30 to 13:15 : Lunch

Session 1 : "CAD IN WOMEN" SYMPOSIUM
Chairperson: Dr Dev B Pahlajani, Dr Bomi Icchaporia & Dr Nanette Kass Wenger

13:30 to 13:45 : Risk factors (Insights from Inter-heart) and CAD in premenopausal women
Speaker- Dr Akshay Mehta

13:45 to 14:00 : Coronary angiographic patterns in CAD (obstructive, non-obstructive, MINO CA)
Speaker- Dr Brian Pinto

14:00 to 14:15 : PCI: Is it different ?
Speaker- Dr Dev B Pahlajani

14:15 to 14:30 : Challenges of CABG
Speaker- Dr O P Yadava

14:30 to 14:45 : Discussion

Session 2 : "CONTROVERSIES IN CAD PREVENTION IN WOMEN"
Chairperson: Dr S B Gupta, Dr Siddharth Dagli, Dr M G Pillai & Dr Sunil Wani

14:45 to 14:55 : Hormone replacement therapy : Is there a role?
Speaker- Dr Satyavan Sharma

14:55 to 15:05 : Aspirin in primary prevention of CAD and stroke
Speaker- Dr Nihar Mehta

15:05 to 15:10 : Discussion
Session 3: "GUEST LECTURES"

Chairperson: Dr Dev B Pahlajani, Dr Satyavan Sharma, Dr Akshay Mehta & Dr Anand Rao

15.10-15.40 : Guest Lecture 1:
Understanding the journey: The past, present and future of cardiovascular disease in women
Speaker- Dr Nanette Kass Wenger

15.40-16.10 : Guest Lecture 2:
Cardio-Pulmonary Stress Testing in Women: Are there any Challenges?
Speaker- Dr Anuradha Lala - Trinade

16:10 to 16:30 : Tea Break

Session 4: "CASE BASED DISCUSSION" RHD AND PREGNANCY

Chairperson: Dr. Bhavesh Vajifdar, Dr. Vaibhav Dedhia, Dr. Brajesh Kumar & Dr. Nihar Mehta

16:30 to 16:40 : A 30 year women with St. Jude metallic mitral valve prosthesis on warfarin presents to her cardiologist with 4 weeks of pregnancy. She is keen to continue pregnancy. (Discussion on Anticoagulation management)
Speaker- Dr. Sadanand Shetty

16:40 to 16:50 : A 24 Year Old Primipara with 12 Weeks Pregnancy Presents with Acute Pulmonary Oedema Secondary to Critical Mitral Stenosis (Valve area 0.8 cm2) How to Manage: Medical, BMV or CMC?
Speaker- Dr. G R Kane

16:50 to 17:00 : Discussion
**Session 5 : Cardiac Emergencies in Pregnancy**

Chairperson: Dr Dev B Pahlajani, Dr Ajit Desai, Dr Anuradha Lala - Trinade & Dr J J Dalal

17:00 to 17:05 : Introduction  
Speaker - Dr Dev B Pahlajani / Dr Ajit Desai

17:05 to 17:13 : Aortic dissection  
Speaker - Dr Brajesh Kumar

17:13 to 17:21 : DVT / PE  
Speaker - Dr Hetan Shah

17:21 to 17:29 : SCAD  
Speaker - Dr V T Shah

17:29 to 17:37 : Pre-eclampsia / Eclampsia  
Speaker - Dr Nazir Juvale

17:37 to 17:45 : Discussion

**Session 6 : "HYPERTENSION IN PREGNANCY"**

Chairperson: Dr Nazir Juvale, Dr Sharukh Golwalla, Dr Yash Lokhandwala & Dr. S L. Soneji

17:45 to 18:00 : Classification, BP Targets and Management  
Speaker - Dr Uday Jadhav

18:00 to 18:15 : Tea Break

18:15 to 18:30 : "IPAH IN WOMEN" CLINICAL RECOGNITION, DIAGNOSIS AND DRUGS  
Speaker - Dr J J Dalal

"Satellite Symposium" - ARNI in Heart Failure

18:30 to 18:50 : “Conquering challenge in HF management”  
Speaker - Dr Ajit Desai

18:50 to 19:10 : “Role of ARNI in HFrEF with CKD”  
Speaker - Dr Atul Ingle

19:30 onwards : Fellowship and Dinner
Session 8: "CASE BASED DISCUSSION" ON PREGNANCY RELATED ISSUES. HOW DO I APPROACH?

Chairperson: Dr Dev B Pahlajani, Dr Anuradha Lala, Dr Rajesh Badani & Dr. Rajiv Bhagwat

9:00 to 9:15 : A 40 Year Old Obese (80 kg) Women Presents with Swelling Over Legs and Fatigue on Exertion 3 Weeks After a Caesarean Section Delivery. (DD and Focus on Venous - Thromboemblolic Disease)
Speaker- Dr Anmol Sonawane

9:15 to 9:30 : A 35 Year Old 24 Weeks Pregnant Women Presents with Palpitations off and on. ECG Recorded by Family Physician Revealed Rate of 160/Minute. (How to Approach Tachyarrhythmias During Pregnancy)
Speaker- Dr Ameya Udyavar

9:30 to 9:45 : A 30 Year Old Women with 16 Weeks Pregnancy Presents with Dyspnea. She had been Diagnosed with having Hole in the Heart at the Age of 10 Years. (Focus on Shunt Lesion with Severe PH/Eisemngger)
Speaker- Dr Charan Lanjewar

9:45 to 10:00 : Discussion

Session 9 : "GUEST LECTURE 3"

Chairperson: Dr. Sadanand Shetty, Dr Pratap Nathani & Dr. S L. Soneji

10:00 to 10:30 : "Risk factors and etiology of heart failure in women
Speaker- Dr Anuradha Lala -Trinade
Session 10 : HEART FAILURE IN WOMEN" CASE BASED DISCUSSION
Chairperson: Dr. Nanette Kass Wenger, Dr. Anand Rao & Dr. Atul Limaye

10:30 to 10:45 : A 38 Year Old Multigravida Lady Presents with Acute
Decompensated Heart Failure 2 Weeks After an
Uneventful Delivery. (How to Manage, DD with
Focus on Peripartum Cardiomyopathy)
Speaker- Dr. Anand Rao

10:45 to 11:00 : A 70 Year Old Woman 4 Weeks After Loss of a
Property Related Court case Presented with Chest
Discomfort and Dyspnea. ECG Revealed Anterior
Wall ST, Depression Elevated HS Troponin T and NT-
pro BNP. (Discussion on Stress - Takotsubo
Cardiomyopathy)
Speaker- Dr Ajit Desai

11:00 to 11:15 : Tea Break
Session 11: "GUEST LECTURE 4"
Chairperson: Dr Brain Pinto, Dr Bhavesh Vajifdar & Dr. Sadanand Shetty

11:15 to 11:45 : Transforming Cardiovascular Disease Prevention for Women:
                 Time for Pygmalion Construct to End.
                 Speaker- Dr Nanette Kass Wenger

Session 12: "THERAPEUTIC CHALLENGES IN WOMEN"
Chairperson: Dr. Uday Jadhav, Dr S B Gupta & Dr Akshay Mehta

11:45 to 12:00 : Management of Non specific Aortoarteritis
                   Speaker- Dr N O Bansal

12:00 to 12:15 : Diabetic Challenges in women
                   Speaker- Dr Anil Bhoraskar

12:15 to 12:30 : Onco - Cardiology
                   Speaker - Dr Boman Dhabhar

12:30 to 12:45 : Use of SGLT2 Inhibitor Dapagliflocin in Diabetes
                   Speaker - Dr Ajit Desai

12:45 to 13:15 : End stage Heart Failure - Management
                   Speaker - Dr Anvay Muley / Dr Talha Meeran

13:15 to 13:30 : Take Home Message
                   Speaker - Dr Satyavan Sharma

13:30 to 13:45 : Valedictory Function, Thanks, Adjourn
National Faculty

D B Pahlajani
Satyavan Sharma
Ajit Desai
Akshay Mehta
Uday Jadhav
SB Gupta
Anand Rao
Nihar Mehta
Sadanand Shetty
Brian Pinto
Rajiv Bhagwat
Yash Lokhandwala

Prafulla Kerkar
Milind Phadke
Hetan Shah
Bhavesh Vajifdar
Amit Vora
Ameya Udyavar
Anmol Sonawane
V T Shah
D F Daruwala
Jamshed Dalal
Sharukh Golwalla
G R Kane
Guest Faculty

Amit Singhvi  M G Pillai
Anil Bhoraskar  N O Bansal
Anvay Muley  Nazir Juvale
Atul Limaye  O P Yadava
Bhavesh Vajifdar  Pratap Nathani
Bomi Icchaporia  Rajesh Badani
Brajesh Kumar  Rohit Mody
Charan Lanjewar  Siddharth Dagli
Hasmukh Rawat  Sunil Wani
Atul Ingle  Talha Meeran
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