



"HEART DISEASES IN WOMEN"



20th Annual Conference

11th & 12th January 2020

Taj Santacruz, Mumbai

Organising Committee



Dev B. Pahlajani

ORGANISING CHAIRMAN



Satyavan Sharma

SCIENTIFIC COMMITTEE CHAIRMAN



Ajit Desai

ORGANISING SECRETARY



Anand Rao

Joint Secretary



Nihar Mehta

Joint Secretary



Akshay Mehta

Program Coordinator



International Faculty



Nanette Kass Wenger

MD, MACC, MACP, FAHA

Professor of Medicine (Cardiology),

Emory University School of Medicine,

Consultant, Emory Heart and Vascular Center

Founding Consultant, Emory Women's Heart Centre,
Atlanta, USA



Anuradha Lala - Trinade (Anu Lala)

MD

Assistant Professor,

Icham School of Medicine at Mount Sinai,

The Zene and Michel A. Wiener Cardiovascular Institute,

New York, USA

For Scientific Updates Please Visit www.acadcard.com

DAY - 1, January 11 (Saturday) 2020

- 11:00 am onwards : Registration
12:30 to 13:15 : Lunch
13:15 to 13:30 : Introduction, Welcome, Lamp Lighting

Session 1 : "CAD IN WOMEN" SYMPOSIUM

Chairperson: Dr Dev B Pahlajani, Dr Bomi Icchaporia & Dr Nanette Kass Wenger

- 13:30 to 13:45 : Risk factors (Insights from Inter-heart) and CAD in premenopausal women
Speaker- Dr Akshay Mehta
- 13:45 to 14:00 : Coronary angiographic patterns in CAD (obstructive, non-obstructive, MINO CA)
Speaker- Dr Brian Pinto
- 14:00 to 14:15 : PCI: Is it different ?
Speaker- Dr Dev B Pahlajani
- 14:15 to 14:30 : Challenges of CABG
Speaker- Dr O P Yadava
- 14:30 to 14:45 : Discussion

Session 2 : "CONTROVERSIES IN CAD PREVENTION IN WOMEN"

Chairperson: Dr S B Gupta, Dr Siddharth Dagli, Dr M G Pillai & Dr Sunil Wani

- 14:45 to 14:55 : Hormone replacement therapy : Is there a role?
Speaker- Dr Satyavan Sharma
- 14:55 to 15:05 : Aspirin in primary prevention of CAD and stroke
Speaker- Dr Nihar Mehta
- 15:05 to 15:10 : Discussion

DAY - 1, January 11 (Saturday) 2020

Session 3 : "GUEST LECTURES"

Chairperson: Dr Dev B Pahlajani, Dr Satyavan Sharma, Dr Akshay Mehta & Dr Anand Rao

- 15.10-15.40 : Guest Lecture 1:
Understanding the journey: The past, present and future of cardiovascular disease in women
Speaker- Dr Nanette Kass Wenger
- 15.40-16.10 : Guest Lecture 2:
Cardio-Pulmonary Stress Testing in Women: Are there any Challenges ?
Speaker- Dr Anuradha Lala - Trinade
- 16:10 to 16:30 : Tea Break

Session 4 : "CASE BASED DISCUSSION" RHD AND PREGNANCY

Chairperson: Dr. Bhavesh Vajifdar, Dr. Vaibhav Dedhia, Dr. Brajesh Kumar & Dr. Nihar Mehta

- 16:30 to 16:40 : A 30 year women with St. Jude metallic mitral valve prothesis on warfarin presents to her cardiologist with 4 weeks of pregnancy. She is keen to continue pregnancy. (Discussion on Anticoagulation management)
Speaker- Dr. Sadanand Shetty
- 16:40 to 16:50 : A 24 Year Old Primipara with 12 Weeks Pregnancy Presents with Acute Pulmonary Oedema Secondary to Critical Mitral Stenosis (Valve area 0.8 cm²) How to Manage : Medical, BMV or CMC ?
Speaker- Dr. G R Kane
- 16:50 to 17:00 : Discussion

DAY - 1, January 11 (Saturday) 2020

Session 5 :Cardiac Emergencies in Preganancy -

Chairperson: Dr Dev B Pahlajani, Dr Ajit Desai, Dr Anuradha Lala - Trinade & Dr J J Dalal

- 17:00 to 17:05 : Introduction
Speaker- Dr Dev B Pahlajani / Dr Ajit Desai
- 17:05 to 17:13 : Aortic dissection
Speaker- Dr Brajesh Kumar
- 17:13 to 17:21 : DVT / PE
Speaker - Dr Hetan Shah
- 17:21 to 17:29 : SCAD
Speaker - Dr V T Shah
- 17:29 to 17:37 : Pre-eclampsia / Eclampsia
Speaker - Dr Nazir Juvele
- 17:37 to 17:45 : Discussion

Session 6 : "HYPERTENSION IN PREGNANCY"

Chairperson: Dr Nazir Juvele, Dr Sharukh Golwalla, Dr Yash Lokhandwala & Dr. S L. Soneji

- 17:45 to 18:00 : Classification, BP Targets and Management
Speaker - Dr Uday Jadhav
- 18:00 to 18:15 : Tea Break

Session 7: "PULMONARY HYPERTENSION IN WOMEN"

Chairperson: Dr Amit Sanghavi, Dr Zakia Khan, Dr Rohit Mody & Dr Nanette Kass Wenger

- 18:15 to 18:30 : "IPAH IN WOMEN" CLINICAL RECOGNITION,
DIAGNOSIS AND DRUGS
Speaker - Dr J J Dalal

"Satellite Symposium" - ARNI in Heart Failure

- 18:30 to 18:50 : "Conquering challenge in HF management"
Speaker - Dr Ajit Desai
- 18:50 to 19:10 : "Role of ARNI in HFREF with CKD"
Speaker - Dr Atul Ingle
- 19:30 onwards : Fellowship and Dinner

DAY - 2, January 12 (Sunday) 2020

Session 8: "CASE BASED DISCUSSION" ON PREGNANCY RELATED ISSUES. HOW DO I APPROACH ?

Chairperson: Dr Dev B Pahlajani, Dr Anuradha Lala, Dr Rajesh Badani & Dr. Rajiv Bhagwat

- 9:00 to 9:15 : A 40 Year Old Obese (80 kg) Women Presents with Swelling Over Legs and Fatigue on Exertion 3 Weeks After a Caesarean Section Delivery. (DD and Focus on Venous - Thromboembolic Disease)
Speaker- Dr Anmol Sonawane
- 9:15 to 9:30 : A 35 Year Old 24 Weeks Pregnant Women Presents with Palpitations off and on, ECG Recorded by Family Physician Revealed Rate of 160/Minute. (How to Approach Tachyarrhythmias During Pregnancy)
Speaker- Dr Ameya Udyavar
- 9:30 to 9:45 : A 30 Year Old Women with 16 Weeks Pregnancy Presents with Dyspnea. She had been Diagnosed with having Hole in the Heart at the Age of 10 Years. (Focus on Shunt Lesion with Severe PH/Eisemmger)
Speaker- Dr Charan Lanjewar
- 9:45 to 10:00 : Discussion

Session 9 : "GUEST LECTURE 3"

Chairperson: Dr. Sadanand Shetty, Dr Pratap Nathani & Dr. S L. Soneji

- 10:00 to 10:30 : "Risk factors and etiology of heart failure in women
Speaker- Dr Anuradha Lala -Trinade

DAY - 2, January 12 (Sunday) 2020

Session 10 : HEART FAILURE IN WOMEN" CASE BASED DISCUSSION

Chairperson: Dr. Nanette Kass Wenger, Dr. Anand Rao & Dr. Atul Limaye

- 10:30 to 10:45 : A 38 Year Old Multigravida Lady Presents with Acute Decompensated Heart Failure 2 Weeks After an Uneventful Delivery. (How to Manage, DD with Focus on Peripartum Cardiomyopathy)
Speaker- Dr. Anand Rao
- 10:45 to 11:00 : A 70 Year Old Woman 4 Weeks After Loss of a Property Related Court case Presented with Chest Discomfort and Dyspnea. ECG Revealed Anterior Wall ST, Depression Elevated HS Troponin T and NT-pro BNP. (Discussion on Stress - Takotsubo Cardiomyopathy)
Speaker- Dr Ajit Desai
- 11:00 to 11:15 : Tea Break

DAY - 2, January 12 (Sunday) 2020

Session 11 : "GUEST LECTURE 4"

Chairperson: Dr Brain Pinto, Dr Bhavesh Vajifdar & Dr. Sadanand Shetty

- 11:15 to 11:45 : "Transforming Cardiovascular Disease Prevention for Women :
Time for Pygmalion Construct to End.
Speaker- Dr Nanette Kass Wenger

Session 12 : "THERAPEUTIC CHALLENGES IN WOMEN"

Chairperson: Dr. Uday Jadhav, Dr S B Gupta & Dr Akshay Mehta

- 11:45 to 12:00 : Management of Non specific Aortoarteritis
Speaker- Dr N O Bansal
- 12:00 to 12:15 : Diabetic Challenges in women
Speaker- Dr Anil Bhoraskar
- 12:15 to 12:30 : Onco - Cardiology
Speaker - Dr Boman Dhabhar
- 12:30 to 12:45 : Use of SGLT2 Inhibitor Dapagliflozin in Diabetes
Speaker - Dr Ajit Desai
- 12:45 to 13:15 : End stage Heart Failure - Management
Speaker - Dr Anvay Muley / Dr Talha Meeran
- 13:15 to 13:30 : Take Home Message
Speaker - Dr Satyavan Sharma
- 13:30 to 13:45 : Valedictory Function, Thanks, Adjourn

National Faculty

D B Pahlajani	Prafulla Kerkar
Satyavan Sharma	Milind Phadke
Ajit Desai	Hetan Shah
Akshay Mehta	Bhavesh Vajifdar
Uday Jadhav	Amit Vora
SB Gupta	Ameya Udyavar
Anand Rao	Anmol Sonawane
Nihar Mehta	V T Shah
Sadanand Shetty	D F Daruwala
Brian Pinto	Jamshed Dalal
Rajiv Bhagwat	Sharukh Golwalla
Yash Lokhandwala	G R Kane

Guest Faculty

Amit Singhvi

M G Pillai

Anil Bhoraskar

N O Bansal

Anvay Muley

Nazir Juvele

Atul Limaye

O P Yadava

Bhaves Vajifdar

Pratap Nathani

Bomi Icchaporia

Rajesh Badani

Brajesh Kumar

Rohit Mody

Charan Lanjewar

Siddharth Dagli

Hasmukh Rawat

Sunil Wani

Atul Ingle

Talha Meeran

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